

Pure Escape Spa

Please read and initial the following care instructions.

Pre -Treatment

- _____ Shave the night before or day of.
- _____ Clean dry skin. No deodorant, creams, oils, perfumes.
- _____ No extended sun exposure for 3 weeks
- _____ No Bronzing, tanning, DHA, Glitter lotions or sprays. Including spray tans.
- _____ Certain supplements: fish oil
- _____ Blood thinners, photosensitive meds, aspirin
- _____ No Botox within 2 days in the same area.
- _____ Other laser treatments
- _____ Waxing, tweezing, or depilatory for 6 weeks
- _____ Glycolic and Retin-A for 7 days
- _____ Accutane for 6 months

Post treatment

- _____ Sun exposure
- _____ Sunscreen 25 spf or higher
- _____ Excessive Heat including: hot baths, hot tubs, hot showers, saunas, sweating
- _____ Can use ice pack for comfort or swelling, hydrocortisone, or aloe
- _____ Wash area gently
- _____ Avoid glycolic acid or Retin-A for 7 days
- _____ No deodorant for 48 hours

It is important that you read the above information carefully and have all of your questions answered before the consent of treatment.

Signature: _____ Date _____

Print name: _____

Witness signature: _____ Date: _____

Print name: _____